



SPA AVILA

In-room Spa treatments for Martin Resorts Properties:

Inn at the Cove, Pismo Lighthouse Suites,
Shore Cliff Hotel

The Avila Retreat

The Avila Retreat is a light to medium pressure integrated Swedish massage designed to be relaxing and calming for your body, mind & soul.

60 minutes \$145 / 90 minutes \$175

Mother Earth

The Mother Earth Massage is designed especially for the expectant mother with a massage to gently comfort and sooth.

60 minutes \$145 / 90 minutes \$175

Beach Body

Athlete's favorite! A deep tissue sports massage with increased pressure and therapist assisted stretching to work your sore body into bliss.

60 minutes \$160 / 90 minutes \$195

Soulmates

Side-by-side in the same room, enjoy a relaxing Avila Retreat massage. Can be combined with the Mother Earth or Beach Body (additional charge for Beach Body \$15/60 min, \$20/90 min)

60 minutes \$250 / 90 minutes \$310

In-room pricing includes a \$20 per session in-room fee. For spa services at Spa Avila located inside Avila Lighthouse Suites deduct \$20 from listed prices. See full menu at spaavila.com

As a guest of Martin Resorts, save 5% when you enjoy your treatment at Spa Avila using Promo Code: **Martin**

For Appointments: call or text 805-400-8693
Appointments are required

Cancellation within 24 hours of service will be billed in full.

SPA AVILA

Located at:

Avila Lighthouse Suites in Avila Beach
550 Front Street, Avila Beach, California 93424

*Enter Avila Lighthouse Suites from First St.
Spa Avila is located through the courtyard behind
the Point San Luis Conference Room building.*

Hours:

October–April: Thursday–Monday, 10am–5pm

May–September: Daily, 9am–6pm

(By appointment)

805-400-8693

Massage

Swedish, deep tissue, warm stone, and pregnancy.

Waxing Specialist

Full body waxing services for men and women.

Facials

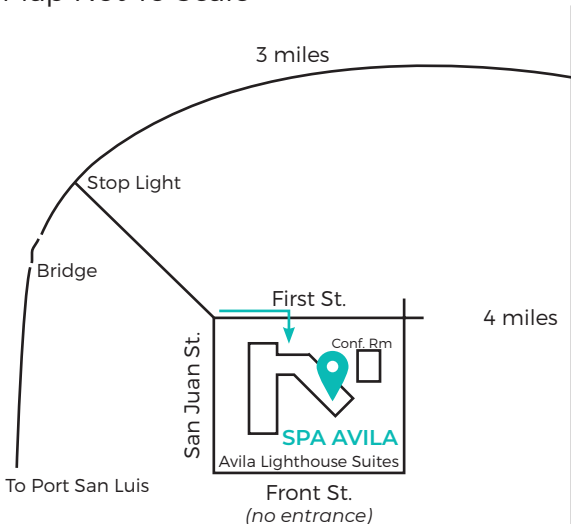
Specialty facials custom designed for any skin type.

Infrared Sauna

Complimentary 15 minute session in the FAR infrared sauna is included with all in spa services. Infrared saunas provide many health benefits including relaxation, improved circulation, pain relief, arthritis relief, and detoxification *(Please arrive 20 minutes early to use sauna)*.

Map Not To Scale

San Luis Obispo



Pismo Beach